



Hospice Ministries' Memorial Service 2009



Jamie Ward

Our Ridgeland office's annual memorial service was held on June 28, 2009 in our chapel with approximately 100 people in attendance. Minister of **Wells United Methodist Church, Rev. Keith Tonkel**, delivered the homily for the occasion with **Jamie Ward, pianist** and **Leon Thompson, soloist** providing the music.

Isabel Cordua, Robin Walker and **Nash Noble** represented our staff through their participation in the service, while additional staff members **Ellie Heitmann, Lucy Philip** and **Jean Nesbit** planned and coordinated the event.



Robin Walker



Rev. Keith Tonkel

Our Bereavement Services Department's dedicated volunteers, **Suzanne Hart** and **Paula Skeen** also participated and assisted.



Paula Skeen, Ellie Heitmann & Suzanne Hart

Rev. Tonkel shared thought provoking wisdom about death, dying, sadness and reconciliation.

Leon Thompson offered moving renditions of "Ave Maria" and "You Raise Me Up".

Bagpiper **Kris Carmichael** left us with a lasting impression when he entered the chapel in full Scottish dress piping "Amazing Grace" as he proceeded down the aisle and back again.



Kris Carmichael



Leon Thompson

Leon Thompson then offered acapella rendition of "Amazing Grace", creating the perfect setting for the deep emotional expressions of our grieving families.

Suzanne Hart beautifully recited "Gone from My Sight" by **Henry Van Dyke** and **Rev. Keith Tonkel** closed the service with prayer.

After the service as well as during the days following, we received many positive comments on the healing spirit of the program and heard many expressions of gratitude from family members.

The Bereavement Services Department thanks all who helped make this day such a special tribute to our Hospice Ministries patients.

Volunteer's Summer Get-Together & Quarterly Meeting



Our Volunteer Summer "Get-Together" was held on July 26th at the Ridgeland facility. New members of our

volunteer team as well as long time volunteers came together to meet new friends and see old ones. Before the Get-together we held our Summer Quarterly Meeting to discuss volunteer concerns and ideas for the volunteer program.



Seated L to R: Carol Richardson, Gloria Butler, Patrick Butler, Linda Todd and friend.

Gloria Butler discussed with volunteers the excitement of working on our holiday goodies bags or baskets. **Ellie Heitmann**, from Bereavement, relayed how much fun it was to be in the "Troubadours" singing group

and invited others to join the group.

Volunteer Services and volunteer **Sherry McColgin** supplied our refreshments.

A special Thank You goes to Sherry for all her hard work and delicious food!



Summer Volunteer Happenings



Catholic Heartwork Camp Returns

The Catholic Heart Work Camp Kids returned this summer to work on projects around Hospice Ministries. It is always an interesting week working with this group of dedicated young people who come from all over the United States to serve others as part of their mission. They each earn money to pay for the opportunity to go to one of the camps around the country to work in the hot sun as a carpenter, organizer, gardener, etc.;

any way they can to help others. "The fruit of faith is love, the fruit of love is service, the fruit of service, is peace", said Mother Teresa. We were

very thankful for our group of teen workers who not only helped with difficult projects and garden detail, but brightened the days with their smiles and fun loving ways.



Volunteer gardeners Dixie Myrick and Bethan Read, stand with CHWC teen workers, Kyle Tortorella, Athens, GA; Aaron Franklin, St Louis, MO; Adult leader Lynn Woolfolk, St. Louis, MO; Front row: Gardener



Rebecca Allen with CHWC's Emily Flanders, Zachary, LA and Jessica Massey, Houston TX

Mission Blitz 09

Christ United Methodist Church conducted its *Mission Blitz 09* on Saturday August 22nd. These wonderful volunteers spent the beautiful morning weeding and working in the gardens at Hospice Ministries under the direction of our lead gardener Bethan Read and long time gardener Bob Jones. We can not Thank You enough for your hard work, the gardens look wonderful!



L to R: Paul Matens, Mae Garrett, Hal White, sitting, Bob Jones, David Upshaw, Mack Mitchell, Gary Chong and Mont Mitchell in the wheel barrel.

On the Road



In June, Jeri Flinn, Volunteer Services Coordinator, gave a talk on Hospice Ministries and volunteering for a class at *Holmes Community Junior College*. The next day the students asked to tour Hospice Ministries. Jeri has been asked to return in the fall to speak with another class.

July 4th at Hospice Ministries

Volunteers created our patriotic bags filled with cookies and soft candy for hospice patients for the Fourth of July.



Alice Rice & Dixie Myrick posed with a friend as they decorated the building for the fourth.



Pictured : L to R, Gloria Butler, Bob Perry, Charles Dean, Volunteer Services Coordinator Jeri Flinn, Patrick Butler, Ellen Ford and B.B. Watson.

Volunteering for Referrals



Dixie Myrick, Kevin Jones and Mary Clare Hogan

Volunteers help in many different ways at Hospice Ministries. **Kevin Jones** from our Referral department, stands between volunteers **Dixie Myrick** and **Mary Clare Hogan** as they prepare to serve a luncheon to the **Mississippi Baptist Medical Center Case Management Department** prepared by Hospice Ministries.

Gardening Corner - Summer Birthdays

During the hot days of summer several of our gardeners had birthdays. After working in the smoldering sun, the Gardeners retired to eat lunch and enjoy a small birthday party.



Bethan Read gives Rebecca Allen a home-made cake on her birthday as she opens her card from fellow gardeners.

L to R: Jo Jones, Bethan Read, Bob Jones, Jerry Cauthens, Dixie Myrick & Rebecca Allen.



Birthday boy **Bob Jones** shares a birthday with **Dixie Myrick** (right). **Rebecca Allen**, **Jo Jones** and **Vesta Draper** all join in to wish both a Happy Birthday.



In August the crew celebrated the birthdays of **Bethan Read**, standing, and **Vesta Draper**, holding the cake. **Bob**, **Jerry**, **Jo** (standing next to Bethan), and **Rebecca** all joined in the fun after working in the gardens.

Volunteer Training in Ridgeland

The spring volunteer training class for the Ridgeland office the first weekend in June. Nine trainees passed the requirements for volunteering and have gone to work for Hospice Ministries in their related fields.



Spring Training Class 09

June training class included L to R standing: Lana Glessinger, Delores Barlow, Janie Thacker, B.B. Watson, Rita Carter. Knelling L to R: Linda Todd, Katie Yelverton, & Ann Simmons Not pictured, Lisa Simmons



The Volunteer Panel included **Ella Weston, Sam Simmons, Dean Rydbeck, Jolly Sahu, Jan Sorrels, and Sylvia Morgan** standing .

The class, consisted of diverse professional backgrounds, and were all filled with a deep compassion and commitment for working with our patients and their families. We would like to thank them for joining our team.

At the right **Chaplain Nash Noble**, discusses with the class the role of the chaplain, and shared some of her colorful stories of working with patients at Hospice Ministries.



During the Volunteer Panel, active volunteers shared their stories and experiences with the class.



Volunteer **Ella Weston, below to the left**, demonstrated how easy it is to work with the Juice Cart for the Inpatient facility during her stories with the class.



Volunteer **Julie Cockayne, RN**, to the left gives trainee **Katie Yelverton** her T.B. shot, while retired RN volunteer **Bonnie Zimmerer** on the right takes **Linda Todd's** blood pressure.



Ridgeland's Summer Training Class



The last weekend in August was the date of the latest Volunteer Training class for Ridgeland. Listening to **RN, Amber Clanton**, were trainees **Shonda Archie, Latesha Thomas, Dolores Barlow, Ann Kelly, Carole Ring, Colby Bolton, Nick Greener, and Susie Cook**, (volunteer assistant). Sitting off camera was **Jan Marts**.

For each class, departments of Hospice Ministries drop by to discuss their role in hospice. In the photo below **Lead Chaplain Dewayne Tullos**, shares with the class about the Chaplain's role and the importance of spiritual assessment.



Amber Clayton, RN talked to the volunteers about the nurse's role and the physical care that Hospice Ministries provides. Amber thanked the trainees for joining Hospice Ministries as volunteers. She stated that through her many years at Hospice Ministries she has always been impressed by the dedication and devotion of our volunteers.



We were very grateful that our longtime **Social Worker Donna Evans**, was able to stop by to share information about the social worker's role at Hospice. Donna has a very enjoyable and entertaining way of discussing the social workers' role. We are always thrilled to have her



join us and brighten our day. She truly is a delightful speaker.



Sitting front row L to R: Markeyta Kelly, Joan Chism, and Janice Godbold. Standing backrow L to R: Iris Waldrop Volunteer Coordinator; Susan Bitz, Trina McClendon, Tom Rankin, Tiffany Williams, and Marie Burke.

McComb Office Trains New Volunteers

Iris Waldrop Volunteer Coordinator for the McComb and Brookhaven office of Hospice Ministries, lead the daylong Volunteer training class which included talks from **Stephanie Carr-McGhee** LMSW, on the Social Worker's role in hospice as well as Southern Region Patient Care Coordinator **Suzannah Britt**, RN, on the nurse's role in hospice care. Many of the volunteer trainees are retired in their professional fields and plan to offer their expertise to Hospice Ministries and our patients. These talents include patient care, sewing, writing, and public speaking.

We are delighted and excited about our new volunteers who will be available to work in and around the Brookhaven and McComb area.

Another evening Volunteer training class is in the process of being planned for those who could not attend during the work day hours. Please keep checking our McComb Volunteer page on our website at www.hospiceministries.org or call the McComb office at **601-249-3852** or the Brookhaven office at **601-835-1020**.

Up-Coming Events

Volunteer Quarterly Meeting

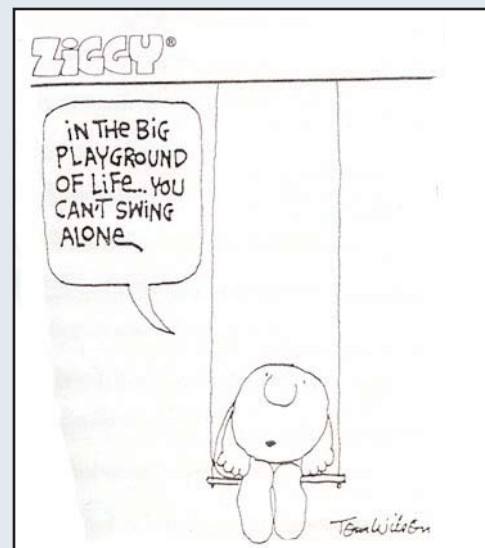
Tuesday, October 20th at 10:00 a.m.

McComb Office

Please bring a pumpkin for
"Painting Pumpkins" event,

which will follow the Quarterly Meeting.

For more information call Iris at 601-835-1020
or 601-249-3852



BROOKHAVEN VOLUNTEER HAPPENINGS

Summer 2009

Volunteer Talks

Iris Waldrop, Volunteer Coordinator for the Brookhaven office was invited to speak with the **WMU Ladies of Sylvarena Baptist Church** during the summer. The WMU Ladies usually meet every Thursday evening to work on a mission. They have taken on as one of their missions, making gowns for our patients in the Brookhaven area. They have already cutout, sewn and delivered over 30 gowns to our office for our patients.

This women's group has also involved their entire church in helping to stock our pantry with "Ensure" to be given to our patients when needed. We would like to say Thank you to these ladies and the **Sylvarena Baptist Church** for hearing about our needs and meeting them. What a blessing to have people "volunteer" to meet the needs of others.

Wesson Lions Club recently invited Iris to speak during their monthly program. These opportunities given to us are instrumental in our attempts to tell the community about Hospice Ministries and our need for volunteers. Please keep Hospice Ministries in mind for your church or social organizations so we can have the opportunity to tell them about Hospice Ministries.

Returning Volunteers

Balance is necessary for a volunteer to maintain his or her ability to help others. Sometimes there may be a need to take a break from volunteering for awhile whether for personal reasons, health, family matters or life in general. These breaks are normal part of a volunteer's life. Hopefully the volunteer returns after their respite period with a healthy balance between volunteering and their lives. When the volunteer chooses to return to volunteering with Hospice Ministries we are

always very grateful for their return.



Volunteer Diane Herring and Kathy Sutton, RN at the Brookhaven Office was recently extremely delighted to welcome back several of our volunteers. One returning volunteer was Diane Herring, pictured at the left with Kathy Sutton, RN, as she gets her TB test at the Brookhaven office. We are so thrilled that Diane is returning!

Up-Coming Events

Volunteer Quarterly Meeting

Tuesday, October 13th at 10:00 a.m.

Brookhaven Office

Please bring a pumpkin for

"Painting Pumpkins" event,

which will follow the

Quarterly Meeting.

For more information

call Iris at 601-835-1020



Brookhaven Hospice Ministries' Memorial Service

Tuesday, December 1st
at the State Room
5:30 p.m. - 7:00 p.m.

Memorial Service: Our annual Memorial Service will be held on Tuesday December 1, 2009 from 5:30p.m. - 7:00p.m.. This service honors our patients from the past year. Volunteers are needed to help with decorating and refreshments. Decorating will be done on Monday November 30. Call Iris for more details at **601-835-1020**

Volunteer Calendar Fall 2009

November 2009



September 2009

Ridgeland:

Thursday, September 24th, 6:00 pm

Quarterly Meeting

Board Room

Call 601- 898-1053, ext.. 258



October 2009

Ridgeland:

Saturday, October 17th - 10:00 - 11:30 p.m.

Fall Festival Bags

Dining Room

Cookies and soft candy needed for bags

Call 601-898-1053, ext. 258

Brookhaven:

Tuesday, October 13th - 10:00 a.m.

Quarterly Meeting &

Painting Pumpkins

Brookhaven Office

Call for more details 601- 835-1020



McComb:

Tuesday, October 20th - 10:00 a.m.

Quarterly Meeting &

Painting Pumpkins

McComb Office

Call for more details 601- 835-1020

Ridgeland:

Saturday, November 14th

8:00 a.m. - 5:30 p.m.

& Sunday, November 15th

12:30 p.m. - 5:00 p.m.

Volunteer Training

Formal Board Room; 601-898-1053, ext. 258

Saturday, November 21st 10:00 - 12:00 p.m.

Thanksgiving Baskets - Dining Room

Cookies & snacks needed.

Call 601-898-1053, ext. 258

December 2009

Ridgeland:

Saturday, December 5th - 10:00 - 12:00

Decorating Christmas trees

Day Room

Call 601-898-1053, ext.258



Saturday, December 12th - 10:00 - 12:00p.m.

Cookie Connection - Dining Room

Over 200 dozen cookies needed for boxes

Call 601-898-1053, ext. 258

Brookhaven:

Tuesday December 1st- 5:30 p.m. - 7:00 p.m

Memorial Service

The State Room .

Decorating & help with food needed.

Call 601-249-3852 for more information

Refreshing Fruit Tea

Requests were made to publish the refreshing Tea Sherry McColgin served at the Get-Together. Below is Sherry's recipe



4 cups boiling water

2 family size decaffeinated tea bags

3/4 cup sugar or Splenda

4 cups cold water

1 cup pineapple juice

1 cup orange juice

Pour 4 cups boiling water over the tea bags and steep for 8 minutes;

Remove and discard tea bags.

Stir in sugar or Splenda until dissolved;

stir in 4 cups cold water and juices.

Serve over ice.

Yields 2 quarts

Per request, Sherry McColgin's BLT Dip

BLT Dip

1 cup mayonnaise

1 cup sour cream

1 package Oscar Mayer Bacon Bits in package

2 medium tomatoes, drained and seed removed

8-10 pieces of bacon, fried crisp and crumbled

1 package of shredded lettuce

Combine mayonnaise, sour cream and bacon bits in a medium bowl, refrigerate for 6 to 12 hours.

Spread the shredded lettuce over the bottom of serving dish.

Stir half the tomatoes in the dip and pour dip over lettuce.

Sprinkle remaining tomatoes and crisp bacon over top of dip.

**Infection Control Education:
West Nile Disease**



Fight The Bite

What is West Nile virus?

West Nile virus is a mosquito-borne infection that can cause serious illness. Although the chances of a person getting sick are small, you can take some simple steps to reduce your risk by reducing the chance of being bitten by mosquitoes.

What are the symptoms of West Nile virus?

Mild cases of West Nile infections might include a slight fever or headache. More severe infections are marked by a rapid onset of high fever with head and body aches, disorientation, tremors, convulsions and in the most severe cases, paralysis or death. Usually symptoms occur from 5 to 15 days after exposure. No specific treatment exists for viral infections, other than to treat the symptoms and provide supportive care.

Who is at highest risk for becoming seriously ill?

Persons who are at highest risk for serious illness are persons over the age of 50. Healthy children and adults are at very low risk for illness.

Do all mosquitoes transmit the disease?

No. Most mosquitoes do not transmit the disease. While more than 58 different species of mosquitoes exist in Mississippi, only certain species have been associated with West Nile virus.

Where do mosquitoes live and breed?

Mosquitoes lay their eggs in moist areas such as standing water. The eggs become larvae that remain in the water until the adults mature and fly off. Weeds, tall grass and shrubbery provide an outdoor home for adult mosquitoes. They can also enter houses through unscreened windows or doors or broken screens. Many mosquitoes will breed in containers that hold water, such as flowerpots or discarded tires.

When are mosquitoes most active?

Some mosquitoes are most active between dusk and dawn, when the air is calm. However, others will feed at any time of day.

What bird(s) can carry West Nile virus?

In Mississippi, most West Nile virus-positive birds have been blue jays and crows. House sparrows, cardinals (red birds) and raptors (hawks and owls) are also tested. The Mississippi State Department of Health (MSDH) is using dead crow and jay sightings to track West Nile virus, so it's important to report any dead birds to your local health department. Not all dead birds need to be tested for West Nile virus. Birds do not transmit West Nile virus to people, but people should wear gloves when handling any dead bird or mammal because of the possibility of other diseases.

Protect yourself . . . your home . . . & community



- Avoid mosquitoes especially between dusk and dawn.
- Use mosquito repellent with DEET according to the label.
- Wear long-sleeved, long-legged clothing.



- Reduce the source
- Eliminate standing water in your yard.
 - Remove containers that collect water.
 - Screen your windows and doors.
 - Check for old tires, cans, pet dishes, clogged gutters, ditches, and garbage areas.



- Call your local health department or the West Nile Hotline to report dead birds.
- Find Health Department Info and county health department numbers under Health Department in the BellSouth White Pages.
- Contact your local public works director about specific mosquito control problems.

West Nile Hotline (8–5, Monday—Friday)

1-877-978-6453

www.msdh.state.ms.us



MISSISSIPPI
STATE DEPARTMENT OF HEALTH

*When I come to the end of the road
And the sun has set for me,
I want no rites in a gloom-filled room.
Why cry for a soul set free.*

*Miss me a little...but not too long
And not with your head bowed low.
Remember to love that we once shared.
Miss me... but let me go.*

*For this is a journey that we all must take
And each must go alone.
It's all a part of the Master's plan,
A step on the road to home.*

*When you are lonely and sick of heart,
Go to the friends we know
And bury your sorrows in doing good deeds.
Miss me ... but let me go.*

Author Unknown



450 Towne Center Boulevard
Ridgeland, MS 39157

*Life is a gift
given to share with others
but for a brief moment.
Through sharing this gift,
we learn about the process of dying.
We learn what is most important in life.
Our conversations take on new meaning.
Our body, mind and soul
bond in companionship.
And the process of living and dying
touches us and those around us, forever.*

*At Hospice Ministries we believe that every human being has the right to a quality end-of-life experience.
For each person, no matter the time left, Life MattersSM*